



COACHING AND MENTORING

DEVELOPMENT BASED AROUND YOU

More than 700 mid-senior level police leaders are trained as coaches and mentors, keen to support you in your role.

In a project led by the Police Superintendents' Association (PSA) and in collaboration with the College of Policing, you have access to invaluable professional experience and insight to support your personal career goals.

What is coaching and mentoring?

Coaching

Support and guidance to maximise self-learning and development needs

Mentoring

Sharing expert knowledge of a role or subject area to help others

What's the benefit?

Whilst the programme is endorsed by the College of Policing, it is flexible and informal, meaning that you contact a coach or mentor independently and arrange how you would like the support to be delivered.

Once you have linked with your coach / mentor, you decide whether you will speak face to face, over the phone, via email, and what topics you would like to cover.

This means that the support you receive is entirely based around your needs for your own personal or career goals.

It can help you with:



Promotion



Gaining skills or experience



Increasing your confidence at work

The programme is also supporting under represented groups

60% of the beneficiaries surveyed are female

25% of the beneficiaries surveyed identified as being from the BAME community



would recommend the scheme



It's been amazing and just what I needed at the right time. It can feel indulgent to do something like this for yourself, but I'm realising that a confident, fulfilled police officer improves the relationship with your colleagues and in turn the service you provide to the public."



said it helped them gain their promotion

Want to know more?

Visit the Coaching and Mentoring page of the [Police Superintendents' Website](#) where you will find full information plus a list of all trained coaches and mentors available to you.

If you're interested in becoming a coach or mentor, check the PSA website for details of training events that will take place every year between January and March.

